

Name of the university	University of Jyväskylä
Contact person for incoming and outgoing BILATERAL exchange students	<p>Ms Tiina Savela International Coordinator</p> <p>International Office P.O.Box 35 (T) FI-40014 University of Jyväskylä Finland</p> <p>Street address: Seminaarinkatu 15 40100 Jyväskylä Finland</p> <p>tel. +358 40 805 4342 email. tiina.savela@jyu.fi</p>
University website	<p>https://www.jyu.fi/en/ https://opiskelu.jyu.fi/en</p>
General information about the university	<p>University of Jyväskylä is one of the most distinguished and fastest-growing institutions of higher education in Finland and provides a genuinely supportive and enjoyable environment for studying. Our university has 15 000 students from about 100 countries. We believe that interaction with people from different cultures and backgrounds is an essential part of academic studies and the university experience. We are therefore committed to promoting international cooperation.</p> <p>The University offers undergraduate and postgraduate degrees, teacher training programmes and over 120 subject area disciplines within the Faculties of Education and Psychology, Humanities and Social Sciences, Information Technology, Mathematics and Science, Sport and Health Sciences, and the School of Business and Economics.</p>
University features	The University of Jyväskylä has received national and international recognition carried out in its core fields of research and education, which include human centred sciences, natural sciences, sport and health sciences and teacher education.
Short description of the city	"A small city with a big feel" accurately describes Jyväskylä, located in the lake district of Finland some 270 kilometres north of Helsinki. It has the advantages of a small town being comfortable, compact and safe, and at the same time it is a bustling modern centre of industry and learning. Out of the 139 000 inhabitants in the Jyväskylä region almost one fourth are students. The buildings



	<p>designed by world famous architect, Alvar Aalto, add their own flavour to the cityscape.</p> <p>http://visitjyvaskyla.fi/en</p> <p>https://opiskelu.jyu.fi/en/study/day-to-day-life</p>
Website of the International Office	https://opiskelu.jyu.fi/en
Areas of study open for exchange students	<p>Exchange students can choose courses from the curriculum of their host department and/or from the international study programmes arranged at the University of Jyväskylä. Please have a look at r.jyu.fi/courses.</p> <p>However, there are some restrictions that have to be taken into consideration:</p> <ul style="list-style-type: none"> • courses may be targeted at students of a particular department or faculty only • some courses may have some <i>prerequisites</i> that the participants must fulfill.
Areas of study not available to exchange students	Master's programmes may have prerequisites and the number of openings for exchange students varies from year to year.
Language of instruction	All courses offered for exchange students are given in English, apart from some language courses.
Academic calendar	<p>Autumn semester 2018:</p> <ul style="list-style-type: none"> • Recommended arrival date: 3 September 2018 • Classes and exams end by 21 December 2018 <p>Spring semester 2019:</p> <ul style="list-style-type: none"> • Recommended arrival date: 2 January 2019 • Classes and exams end by 19 May 2019 • Easter Break: 15-22 April 2019
Orientation sessions for incoming students	<p>Autumn semester: 4-7 September 2018</p> <p>Spring semester: 3-4 and 7 January 2019</p> <p>An orientation programme is organized at the beginning of each semester. All exchange students are requested to take part in the orientation programme as it gives valuable information on studying and living in Jyväskylä. For further information on the orientation, please see https://opiskelu.jyu.fi/en/study/studies/orientation-programme.</p>

Application periods	<p>15 March - 15 May for the autumn semester 1 September - 1 November for the spring semester</p> <p><i>However, please notice that it is highly recommended that students from countries outside the EU apply well in advance (for example by the end of April for the autumn semester and by the end of September for the spring semester) because the application process for the residence permit to Finland can take more than a month (especially for the autumn semester).</i></p>
Application material	<p>In order to be admitted to the University of Jyväskylä, students must fill in an online application through the Mobility Online system at https://opiskelu.jyu.fi/en/apply/student-exchange/how-to-apply.</p> <p>In addition, students should scan and attach an official transcript of records to the online application. Students also need to submit their preliminary study plan (Learning Agreement) as a part of the online application.</p> <p>Course registration is done after the student's arrival to Jyväskylä and it is then possible to make changes to the preliminary study plan.</p> <p>Paper copies of the application or its attachments are not required.</p>
Language requirements	<p>We do not require a language test certificate from exchange students but students need to be able to study in English. The minimum requirement for students wishing to study at the University of Jyväskylä as exchange students is level B1, but the applicants should preferably be B2 (or higher) level users of the English language in order to be able to follow university lectures in English, participate in seminar discussions and understand written material in their field. In addition, most courses require writing essays and research papers in English. (These requirements do not apply to students whose Finnish skills are good enough to carry out their studies in Finnish.)</p> <p>Before applying to the University of Jyväskylä, students should assess their language skills in English according to the framework available at r.jyu.fi/cerf.</p> <p>NB! In order to be able to apply for English as a major subject during the exchange, a student needs to have proof of TOEFL iBT 100.</p>
Preparatory language courses for incoming students	<p>Intensive Summer Course in Finnish: August 2018 (exact dates to be confirmed). Open to all international students admitted to study at the University of Jyväskylä. Free of charge. Application deadline: 15 May. Application form: http://r.jyu.fi/intensive_finnish</p> <p>Intensive Summer Course in Academic English: August 2018 (exact dates to be confirmed). Targeted at students whose English language proficiency level is A2-B1 (lower intermediate –</p>

	<p>intermediate). Free of charge. Applicants are requested to assess their language skills using the framework available at http://r.jyu.fi/h1WQ to find out if the proficiency level is A2-B1. The aim of the course is to prepare students for studying their major through English. Application deadline: 15 May. More information and application form: http://r.jyu.fi/academic_english</p> <p>Please note that it is not possible to take both the Intensive Summer Course in Finnish and the Intensive Summer Course in Academic English because the courses overlap with each other.</p> <p>Please notice that we offer language courses also during the semesters.</p>
Language courses offered during the semesters	<p>The Language Centre of the University of Jyväskylä offers various courses in Finnish, English and also other languages during the semesters. These courses are available for exchange students. Finnish course levels range from beginner's level to advanced level. Beginner's level English courses are not offered during the semesters. Students should have sufficient English skills when starting their exchange. More information on language courses: https://kielikeskus.jyu.fi/en/study-planning-for-international-students</p>

Accommodation	<p>International students are accommodated in the housing units of Central Finland Student Housing Foundation (KOAS) and Kortepohja Student Village. Accommodation is located about 2,5 - 4 kilometres from the main campus. Students should apply for accommodation as part of the application process r.jyu.fi/apply.</p> <p>The apartments are usually shared by two (sometimes more) students. Each student will have a study-bedroom for him/herself. The kitchen and bathroom are shared with a roommate. The price is 210-330 euros/month. Also a housing deposit of 250€ + first month's rent for KOAS and a deposit of 300€ for Kortepohja must be paid in advance in order to confirm the housing offer. More information about housing at r.jyu.fi/accommodation</p> <p>The University of Jyväskylä has reserved a quota of furnished study-bedrooms for exchange students from the Central Finland Student Housing Foundation (KOAS) and Kortepohja Student Village. Those placed in the study-bedrooms of KOAS or Kortepohja within the quota are required to sign a tenancy agreement for a fixed term as follows:</p> <p>1 August – 31 December (KOAS only) 1 September – 31 December (Kortepohja only) 1 August – 31 May (KOAS only) 1 September – 31 May (Kortepohja only) or 1 January – 31 May (Kortepohja & KOAS)</p> <p>The fixed-term tenancy agreement cannot be terminated within the tenancy period.</p> <p>Student apartments are available from the first working day of the month onwards, in other words on 1 August (KOAS) / 1 September (Kortepohja) / 2 January (KOAS & Kortepohja). If students arrive earlier, they may have to stay at a hotel or hostel until the student apartment is available. More information on hotels and hostels in Jyväskylä can be found at visit.jyvaskyla.fi/en/stay-over-relax/accommodation.</p>
Accommodation application deadlines	<p>15 May for the autumn semester 1 November for the spring semester</p>
<p>Estimated costs per month</p> <ul style="list-style-type: none"> - housing - meals - transportation, etc. 	<p>International students must be able to pay for their food, lodgings, clothes, study material, social life, etc. The average living expenses of a single student amounts to about €700 per month. Average monthly costs:</p>

	<ul style="list-style-type: none"> · rent in a student apartment 210 - 330 € · food 200-250 € (eg. a lunch in a student restaurant 2,60 €) · transport, leisure and other costs 150-200 €
Insurance	<p>The University of Jyväskylä does not offer insurance to students. Thus, incoming students need to be in possession of a private health insurance cover (with a reliable and solvent company or institution).</p> <p>Citizens of the EU/EEA/EFTA countries should bring a European health insurance card with them which entitles the holder to all medically necessary care during his/her stay on the same terms as the local residents. Some health centre services are by law free of charge but the health centres may charge for certain services. Additional health and travel insurance is strongly recommended to cover any unexpected expenses such as repatriation, medical transport or damage to personal belongings.</p> <p>Citizens of non-EU/EEA/EFTA countries are required to have their own medical insurance. Insurance cover is required when applying for the residence permit.</p> <p>For more information on insurances, please contact your local insurance company or consider obtaining your insurance through the Student Insurance Program (SIP). Student Insurance Program (SIP) is the insurance option the Finnish institutions of higher education have negotiated for their international students. More information is available at www.marsh.be/SIP.</p>
Visa / residence permit requirements	<p>Students from non-EU or non-EEA countries who wish to stay in Finland for more than three months must be in possession of a residence permit when entering the country. An application for the permit should be submitted electronically at www.migri.fi as soon the student has received a letter of admission from JYU. Applying electronically is the fastest way to get the decision to the application. Please also apply for a personal identity code as part of the electronic application (tick the appropriate box in the beginning of the application).</p> <p>It's also possible to submit an application in paper form to a Finnish Embassy (or Head Consulate in some cases) in the student's country of origin. Applications cannot be submitted to Honorary Consulates.</p> <p>Due to biometrics, fingerprints are collected from <u>all applicants</u>. All students are required to visit a Finnish Embassy in person to give their fingerprints, no exceptions are made, even if you submitted your application electronically. Your application will</p>

	<p>not be processed before you have visited the embassy and paid the processing fee.</p> <p>In order to obtain a residence permit to study in Finland, international students must show that their income is secured during the academic year. They must be able to prove that they have at their disposal at least EUR 560 for a month or EUR 6720 for a year. The following conditions must also be fulfilled:</p> <ul style="list-style-type: none"> • the applicant must be at least 18 years of age • the application must provide evidence that the applicant has been accepted as a full-time student in Finland (letter of admission) • details of the comprehensive health insurance cover (with a reliable and solvent company or institution) must be attached to the application <p>Students from the EU (European Union) and EEA (European Economic Area) countries do not need a visa to enter the country. Students from the EU and EEA countries are required to register at the Finnish Immigration Service Center as soon as possible after their arrival to Jyväskylä.</p> <p>More information at the website of the Finnish Immigration Service http://www.migri.fi/studying_in_finland.</p> <p>NB! Please also notice that if a student wishes to open a Finnish bank account, s/he needs to be in possession of a valid residence permit.</p>
Student Union membership fee	<p>Joining the Student Union is voluntary for exchange students. Joining the Student Union will entitle students to a wide range of services and benefits and it is therefore in the students' best interest to join. After joining the Student Union, students can purchase a student card. With the student card, students can get, for example, the following benefits:</p> <ul style="list-style-type: none"> • health care at the Finnish Student Health Service • student-priced meals in student cafeterias • 30% off the price on trains and 50% off the price on long-distance buses. <p>These benefits and discounts are available for Bachelor's and Master's level students only. For a complete list of benefits, please see the Student Union website.</p> <p>Doctoral students may join the Student Union and purchase a PhD student card if they wish. In doing so, they are entitled to the</p>

	<p>support services of the Student Union but do not have the right to the discounts and benefits described above.</p> <p>More information at https://opiskelu.jyu.fi/en/study/studies/student-union-and-student-card.</p>
Student tutors/ Arrival Service	<p>The International Office employs tutors (senior students) from each faculty. Their task is to acquaint new international students with the system of studies and campus life in Jyväskylä and to help them with practical questions, such as planning a timetable for studies and finding their way around the campus and the city centre. All the new students of the University of Jyväskylä get a tutor provided that they have applied to the University of Jyväskylä within the application deadlines.</p> <p>Tutors will contact arriving students approximately one month before the beginning of the semester. They will, among other things, meet the students at Jyväskylä Travel Centre (railway/bus station) when they arrive to Jyväskylä and take them to their apartments, provided that the incoming student has notified the tutor of their exact time of arrival at least one week in advance.</p> <p>https://opiskelu.jyu.fi/en/study/day-to-day-life/arrival</p>
Free time activities	<p>Sports and exercise opportunities at the University of Jyväskylä are almost limitless ranging from wall climbing, spinning and snowboarding to the more traditional skiing, aerobics, yoga and various ball games. For music and culture lovers the University offers many other free time activities, including performances by the University Symphony Orchestra, several choirs and bands, student theatre, and a rock club with stand-up comedy nights and improvisation theatre. The Student Union in cooperation with the Erasmus Student Network (ESN) organises various events, trips, parties and get-togethers for exchange students eg. the Ultimate Sauna Experience, Café Lingua, Trips to Lapland, Russia, Estonia and many more!</p> <p>More information at https://opiskelu.jyu.fi/en/study/day-to-day-life/social-activities-and-leisure-time</p>
Friendship Family Programme	<p>The purpose of the Friendship Family Programme is to give international students a chance to have first-hand experience of the Finnish culture and way of life in a Finnish family, in addition to life on campus. At the same time, the families get an opportunity to learn about the students' home countries and cultures.</p> <p>Please note that the programme does not include accommodation with families.</p> <p>More information at https://opiskelu.jyu.fi/en/study/be-part-of-our-community/friendship-family</p>

Summer and Winter Schools	JYU organizes two annual summer schools: Jyväskylä Summer School in August, which offers courses in various fields of science, and Jyväskylä International Summer School in Human Sciences in May-June. We also offer short-term study programmes in January: Winter School in Sport Sciences, and in February: Winter School in Ecology. More information at https://opiskelu.jyu.fi/en/apply/summer-and-winter-schools .
Further information	https://opiskelu.jyu.fi/en https://www.youtube.com/watch?v=gtPoGYK4-bY