INTERNATIONAL OFFICE

Name of the university	University of Jyväskylä
Contact person for incoming and	Tiina Savela (Ms)
outgoing bilateral exchange students	Student Exchange Coordinator
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University website	https://www.jyu.fi/en/ https://www.jyu.fi/yliopistopalvelut/academic-and-student-
	services/international-office
General information about the	University of Jyväskylä is one of the most distinguished and fastest-
university	growing institutions of higher education in Finland and provides a genuinely supportive and enjoyable environment for studying. Our
	university has 15 000 students from almost 100 countries. We believe
	that interaction with people from different cultures and backgrounds
	is an essential part of academic studies and the university experience.
	We are therefore committed to promoting international cooperation.
	The University offers undergraduate and postgraduate degrees,
	teacher training programmes and over 120 subject area disciplines
	within the Faculties of Education, Humanities, Information
	Technology, Mathematics and Science, Social Sciences, Sport and Health Sciences, and the School of Business and Economics.
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University features	The University of Jyväskylä has received national and international
	recognition carried out in its core fields of research and education, which include human centred sciences, natural sciences, sport and
	health sciences and teacher education.
Short description of the city	"A small city with a big feel" accurately describes Jyväskylä, located in
	the lake district of Finland some 270 kilometres north of Helsinki. It
	has the advantages of a small town being comfortable, compact and
	safe, and at the same time it is a bustling modern centre of industry and learning. Out of the 132 000 inhabitants in the Jyväskylä region
	almost one fourth are students. The buildings designed by world
	famous architect, Alvar Aalto, add their own flavour to the cityscape.
	http://www.jkl.fi/lang/
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	https://www.jyu.fi/en/study/services
Website of the International Office	https://www.jyu.fi/en/study/
Areas of study open for exchange students	Exchange students can choose courses from the curriculum of their host department and/or from the international study programmes arranged at the University of Jyväskylä. Please have a look at https://www.jyu.fi/en/study/programmes/courses/ However, there are some restrictions that have to be taken into consideration: courses may be targeted at students of a particular department or faculty only some courses may have some prerequisites that the participants must fulfill.
	We do not have limits or requirements on how many credits students should complete at our university. Thus, they should follow the requirements their home university has for them. The recommended course load for the local students is 30 ECTS credits/semester. However, this is not our requirement and exchange students can do more or they can do less than 30 ECTS.
Areas of study not available to exchange students	Master's programmes may have prerequisites and the number of openings for exchange students varies from year to year.
Language of instruction	All courses offered for exchange students are given in English, apart from some language courses.
Academic calendar	 Autumn semester 2014: from 1 September to 31 December 2014 Recommended arrival date: 1 September 2014 Classes and exams end by 19 December 2014 Spring semester 2015: from 1 January to 31 May 2015
	Recommended arrival date: 5 January 2015
	If students arrive earlier than the recommended arrival date, they may have to stay at a hotel or hostel until their student apartment is available. More information on hotels and hostels in Jyvaskyla can be found at http://jyvaskylanseutu.fi/travel .
Orientation sessions for incoming students	Autumn semester 2014: 2-5 September 2014 Spring semester 2015: 7-9 January 2015 (6 Jan is a national holiday)
	All exchange students are requested to take part in the orientation programme as it gives valuable information on studying and living in Jyväskylä. For further information on the orientation, please see https://www.jyu.fi/en/study/studying/orientation_programme .

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Application deadlines for admission	15 May for the autumn semester
	1 November for the spring semester
	However, please notice that it is highly recommended that students from countries outside the EU apply well in advance (for example by the end of April for the autumn semester and by the end of September for the spring semester) because the application process
	for the residence permit to Finland can take more than a month (especially for the autumn semester).
Application material	In order to be admitted to the University of Jyväskylä, students must fill in an online application form through the Mobility Online system at https://www.jyu.fi/en/study/apply/exchange/procedure .
	In addition, students should scan and attach an official transcript of their university records to the online application. Students also need to submit their preliminary study plan as a part of the online application. Course registration is done after the student's arrival to Jyväskylä and it is then possible to make changes to the preliminary study plan.
Language requirements	We do not have a TOEFL requirement in general but students need to be able to study in English. The minimum requirement for students wishing to study at the University of Jyvaskyla as exchange students is level B1, but the applicants should preferably be B2 (or higher) level users of the English language in order to be able to follow university lectures in English, participate in seminar discussions and understand written material in their field. In addition, most courses require writing essays and research papers in English. (These requirements do not apply to students whose Finnish skills are good enough to carry out their studies in Finnish.)
	Before applying to the University of Jyväskylä, students should assess their language skills in English according to the framework available at http://kielikompassi.jyu.fi/uploads/document userfiles/eval criteria.html .
	NB! In order to be able to apply for English as a major subject during the exchange, a student needs to have proof of TOEFL iBT 100.
Preparatory language courses for	Intensive Summer Course in Finnish (Beginners' level)
incoming students	This intensive Finnish language course (70 contact hours, 5 ECTS credits) is arranged on 5-29 August 2014 by the University Language Centre. The course is open for students who have been admitted to
	the University of Jyväskylä as degree, exchange or visiting students. The course is free of charge for all international students registered at the University of Jyväskylä. Please note that this course is intended

	for students with no prior knowledge of Finnish. Application and
	more information can be found at
	https://www.jyu.fi/en/study/forms/finnish course. Please apply by 1
	June.
	Please notice that Finnish courses are also arranged during the
	semesters.
	Intensive Summer Course in Academic English
	This two-week intensive preparatory course in academic English (40 contact hours, 4 ECTS credits) is arranged on 18-29 August 2014 by
	the University Language Centre. The aim of the course is to prepare
	students for studying their major through English at the University of
	Jyväskylä. Application form and more information can be found at
	https://www.jyu.fi/en/study/forms/english_course. Please apply by
	1 June.
	Please notice that English courses are also arranged during the semesters.
Accommodation	International students are accommodated in the housing units of Central Finland Student Housing Foundation (KOAS) and Kortepohja Student Village. Accommodation is located about 2,5 - 4 kilometres from the main campus. Students should apply for accommodation as part of the application process https://www.jyu.fi/en/study/apply/exchange/procedure
	The apartments are usually shared by two (sometimes more) students. Each student will have a study-bedroom for him/herself. The kitchen and bathroom are shared with a roommate. The price is 200-300 euros/month. More information about housing at https://www.jyu.fi/en/study/services/accommodation
	The University of Jyväskylä has a quota of furnished study-bedrooms for exchange students from the Central Finland Student Housing Foundation, KOAS and Kortepohja Student Village. Those placed in the study-bedrooms within the quota are required to sign a tenancy agreement for a <u>fixed term</u> : for the autumn semester (4-5 months depending if the student wishes to take part in the Intensive Finnish or English course in August), spring semester (5 months), or for the academic year (9-10 months).
	NB! International Office aims to ensure student accommodation for bilateral exchange students. However, the student housing situation is much better in the spring semester (Jan-May). Thus, we are able accept and welcome more students for the spring semester.
Accommodation application deadlines	The deadline is 15 May for the autumn semester and 1 November for the spring semester.
Estimated costs per month	International students must be able to pay for their food, lodgings, clothes, study material, social life, etc. The average living expenses of

a single student amounts to about €700 per month.
Average monthly costs:
 rent in a student apartment 200 - 300 € food 200-250 € (eg. a lunch in a student restaurant 2,60 €) transport, leisure and other costs 150-200 €
The University of Jyväskylä does not offer insurance to students. Thus, incoming students need to be in possession of a private health insurance cover (with a reliable and solvent company or institution).
Citizens of the EU/EEA/EFTA countries should bring a European health insurance card with them which entitles the holder to all medically necessary care during his/her stay on the same terms as the local residents. Some health centre services are by law free of charge but the health centres may charge for certain services. Additional health and travel insurance is strongly recommended to cover any unexpected expenses such as repatriation, medical transport or damage to personal belongings.
Citizens of non-EU/EEA/EFTA countries are required to have their own medical insurance. Insurance cover is required when applying for the residence permit.
For more information on insurances, please contact your local insurance company or consider obtaining your insurance through the Student Insurance Program (SIP). Student Insurance Program (SIP) is the insurance option the Finnish institutions of higher education have negotiated for their international students. More information is available at www.marsh.be/SIP .
Students from non-EU or non-EEA countries who wish to stay in Finland for more than three months must be in possession of a residence permit when entering the country. An application for the permit should be submitted electronically at www.migri.fi as soon the student has received a letter of admission from JYU. Applying electronically is the fastest way to get the decision to the application. It's also possible to submit an application in paper form to a Finnish Embassy (or Head Consulate in some cases) in the student's country of origin. Applications cannot be submitted to Honorary Consulates. Due to biometrics, fingerprints are collected from all applicants. All students are required to visit a Finnish Embassy in person to give their fingerprints, no exceptions are made, even if you submitted your application electronically. Your application will not be processed before you have visited the embassy and paid the processing fee. In order to obtain a residence permit to study in Finland, international students must show that their income is secured during
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disposal at least EUR 560 for a month or EUR 6720 for a year. The following conditions must also be fulfilled: the applicant must be at least 18 years of age the application must provide evidence that the applicant has been accepted as a full-time student in Finland (letter of admission) details of the comprehensive health insurance cover (with a reliable and solvent company or institution) must be attached to the application Students from the EU (European Union) and EEA (European Economic Area) countries do not need a visa to enter the country. Students from the EU and EEA countries are required to register at the local police station as soon as possible after their arrival to Jyväskylä. More information at the website of the Finnish Immigration Service http://www.migri.fi/frontpage and http://www.migri.fi/services/customer bulletins/bulletins studying/ 1/0/checklist for student residence permit applicants NB! Please also notice that if a student wishes to open a Finnish bank account, s/he needs to be in possession of a valid residence permit. Student tutors/ Arrival Service The International Office employs tutors (senior students) from each faculty. Their task is to acquaint new international students with the system of studies and campus life in Jyväskylä and to help them with practical questions, such as planning a timetable for studies and finding their way around the campus and the city centre. All the new students of the University of Jyväskylä get a tutor provided that they have applied to the University of Jyväskylä within the application deadlines. Tutors will contact arriving students approximately one month before the beginning of the semester. They will, among other things, meet the students at Jyväskylä Travel Centre (railway/bus station) when they arrive to Jyväskylä and take them to their apartments, provided that the incoming student has notified the tutor of their exact time of arrival at least one week in advance. https://www.jyu.fi/en/study/services/arrival Free time activities Sports and exercise opportunities at the University of Jyväskylä are almost limitless ranging from wall climbing, spinning and snowboarding to the more traditional skiing, aerobics, yoga and various ball games. For music and culture lovers the University offers many other free time activities, including performances by the University Symphony Orchestra, several choirs and bands, student theatre, and a rock club with stand-up comedy nights and improvisation theatre. The Student Union in cooperation with the

	Erasmus Student Network (ESN) organises various events, trips, parties and get-togethers for exchange students eg. the Ultimate Sauna Experience, Café Lingua, Stammtisch, Buddy Programme, Trips to Åland, Russia, Lapland and many more! More information at https://www.iyu.fi/en/study/services/freetime
Friendship Family Programme	The purpose of the Friendship Family Programme is to give international students a chance to have first-hand experience of the Finnish culture and way of life in a Finnish family, in addition to life on campus. At the same time, the families get an opportunity to learn about the students' home countries and cultures. Please note that the programme does not include accommodation with families. More information at https://www.iyu.fi/en/study/services/friendship-family-programme
Summer and Winter Schools	A limited number of courses are organised also during summer months (June-August) - especially at the Faculty of Mathematics and Natural Sciences. In addition to this, two annual summer schools are held: Jyväskylä Summer School in August, which offers courses in various fields of science, and Jyväskylä International Summer School in Human Sciences in May-June. We also offer a short-term study programme in January: Winter School in Sport Sciences. More information at https://www.jyu.fi/en/study/programmes/short_programmes .
Further information	https://www.jyu.fi/en/study/services https://www.jyu.fi/en/study